


SILVERWINGS

“The Base of Choice In the Command of Choice”
Columbus Air Force Base, Miss.


Vol. 32, Issue 25

June 20, 2008


Weather




Today
High: 87, Low: 66
80% Thunderstorms



Saturday
High: 86, Low: 66
30% Thunderstorms



Sunday
High: 90, Low: 67
Mostly Sunny



Monday
High: 91, Low: 68
Sunny

News Briefs

Assumption of Command

Colonel Roger Watkins will assume command of the 14th Flying Training Wing in a ceremony June 25 at 9 a.m. at the Smith Plaza, in front of the Wing Headquarters Building. Major Gen. Irving Halter, 19th Air Force commander, will officiate the ceremony.

MDOS Change of Command

Lieutenant Col. Jane Denton will relinquish command of the 14th Medical Operations Squadron to Lt. Col. Eugene Montano Thursday at 9 a.m. at the Columbus Club.

Office Closure

The 14th Contracting Squadron and 14th Comptroller Squadron will be closed Tuesday from 9:30 a.m. to noon for an official office function.

Inside



Feature 10

Learn the history of the 48th Flying Training Squadron by taking a walk through it's Heritage room.

ROTC Cadets job shadow CAFB



U.S. Air Force photo by Airman Josh Harbin

Second Lieutenant Scott Schavrien, 14th Flying Training Wing Public Affairs, and Air Force ROTC Cadet Ben Schink review public affairs training material during his Operation Air Force visit. The cadets shadowed service members throughout Columbus AFB during their three-week visit. Cadet Ben Schink will be a sophomore at the University of North Dakota.

CAFB welcomes new wing commander

Airman 1st Class Danielle Hill
14th Flying Training Wing Public Affairs

Colonel Roger Watkins will assume command of the 14th Flying Training Wing Wednesday at 9 a.m. in a ceremony at Smith Plaza with a reception following at the Columbus Club. All members of the BLAZE team are invited to both events.

Colonel Watkins is coming from Fairchild AFB, Wash., where he was the vice commander of the 92nd Air

Refueling Wing.

In this position, his primary responsibility was wing exercise evaluation, self assessment and environmental protection programs.

A University of Texas at Austin graduate, the colonel commissioned through Officer Training School after receiving his degree in mathematics. He completed Undergraduate Pilot Training at Vance AFB, Okla. Since then he has served as a flight commander, assistant oper-

See **WELCOME**, Page 3

COLUMBUS AFB TRAINING TIMELINE

| PHASE II | | | | PHASE III | | | | IFF | | | | WING SORTIE BOARD | | | |
|--------------|--------------|------------------|--------------|--------------|--------------|------------------|------------|--------------|--------------|------------------|------------|-------------------|----------|-------|--------|
| Squadron | Senior Class | Squadron Overall | Track Select | Squadron | Senior Class | Squadron Overall | Graduation | Squadron | Senior Class | Squadron Overall | Graduation | Aircraft | Required | Flown | Annual |
| 37th (09-04) | 4.00 day | -2.39 days | June 26 | 48th (08-11) | 4.31 days | 1.13 days | June 27 | 49th (08-1B) | 4.99 days | 2.53 days | July 10 | T-6 | 1,755 | 1,736 | 19,323 |
| 41st (09-05) | -8.10 days | -4.46 days | July 21 | 50th (08-11) | 1.55 days | -3.10 days | June 27 | | | | | T-1 | 690 | 715 | 8,478 |
| | | | | | | | | | | | | T-38 | 682 | 652 | 8,178 |
| | | | | | | | | | | | | IFF | 142 | 191 | 2,217 |

Graduation speaker: The graduation speaker is Brig. Gen. Jimmie Jackson, Air Command and Staff College Commandant, Maxwell AFB, Ala.

SILVER WINGS

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise stated.

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

CAFB welcomes Brig. Gen. Jackson

Brigadier Gen. Jimmie Jackson Jr. is Commandant, Air Command and Staff College, Maxwell Air Force Base, Ala. As Commandant, he leads the world's premier professional military education college for midcareer officers and civilians which focuses on the development of leaders. Graduates go on to provide significant contributions in developing, employing, sustaining, and commanding air, space, and cyberspace power in joint and combined operations throughout the world.

The general was commissioned in 1977 as a distinguished graduate of the ROTC program at Texas A&M University. He has served in a variety of positions at the squadron, wing,



SUPT Class 08-11
Graduation Speaker

major command and Air Staff levels. His previous commands include the 623rd Air Mobility Support Squadron at Ramstein Air Base, Germany, the 317th Airlift Group at Dyess AFB, Texas, and the 305th Air Mobility Wing at McGuire AFB, N. J. Prior to assuming his current position, the general was Deputy Commander, Combined Air Operations Center 7, Component Command-Air Izmir, Allied Command Operations (NATO), Larissa, Greece.

General Jackson has flown combat and combat support missions in support of operations Provide Promise, Joint Guard and Iraqi Freedom. He is a command pilot, having flown nearly 3,100 hours in the KC-10A, C-17A, C-141B and various models of the C-130.

In Focus

Michelle Terrell
14th Medical Operations Squadron



Job Title: Certified Pharmacy Technician

Time at Columbus AFB: Three weeks

Time in Service: This is my first government job.

Hometown: Steens, Miss.

Family: Husband, Shaune, and sons, Christian and Blake.

Favorite Musical Artist: Hinder

Favorite Movie: Dirty Dancing

Pet Peeve: When people leave empty milk jugs in the fridge

Bedside Book: Wicked, Life and Times of the Wicked Witch of the West

Inspirations: God, my two boys, my spouse and my extended family

Personal Motto: When the going gets tough, hold your head up and keep going.

Fireworks on the Water

Volunteers are needed for the July 4th celebration "Fireworks on the Water." This is a celebration of food, fun and fireworks. The special event takes place July 4 at the Lock and Dam in Columbus, Miss., from 4 to 9 p.m. A fireworks show provided by CAFB will take place around 9:10 p.m. Enjoy live entertainment, activities for children, and delicious food from local vendors. Don't forget your blanket and your lawn chair.

Volunteers are needed to set up before the event, selling beverages, driving the handicap shuttle golf cart, serving as an ice runner, serving as a hillside marshal, working in the VIP area, serving as a litter patrol, working the first aid/lost and found booth, or serving as a miscellaneous volunteer. Shifts will be available in the morning, afternoon and evening in three hour increments. For more information, call 327-0807.

Congratulations

The 14th Flying Training Wing would like to congratulate the following

Airmen who were selected for Senior Airman Below-the-zone promotion:

Airman 1st Class James Nelson,
14th Operations Support Squadron;

Airman 1st Class Nicholas Harrison,
14th Security Forces Squadron; and

Airman 1st Class Amanda Fitzgerald,
14th Medical Operations Squadron.

14TH FLYING TRAINING WING DEPLOYED

As of press time, 34 BLAZE TEAM members are deployed worldwide. Remember to support the Airmen and their families while they are away.



Columbus hosts DEFY camp for local youth

Airman Josh Harbin
14th Flying Training Wing
Public Affairs

The annual Drug Education for Youth summer camp started Wednesday and will extend through June 27 at the Chapel Annex.

DEFY is a free 10-month, two phased prevention program for the youth of Columbus AFB ages 9 to 12.

The program consists of substance abuse education, to include drug and alcohol awareness, and reinforces positive social behavior, such as conflict resolution and building relationships.

Originally initiated by the Secretary of the Navy in 1993, the program was later adopted and sponsored by the Air Force Medical Operations Agency in 1999.

"It's beneficial for children in that it brings awareness to kids who are not generally exposed to illegal substances, like drugs, and it gives them a chance to ask questions openly," said Vanessa Brown, 14th Medical Operations Squadron and DEFY coordinator.

Mrs. Brown said the program consists primarily of a classroom environment

where subjects range from gang resistance and drug abuse to building relationships with peers and developing leadership skills.

The camp also offers a Presidential Fitness Challenge portion which stresses a healthy lifestyle and exercise.

Phase one is the summer camp and phase two consists of monthly workshops in the fall which reinforces the concepts taught in phase one and teaches additional life skills such as improved study habits, nutrition, community service and cultural connections.

"The program brings a sense of awareness to the kids and opens their eyes to what's out there and what's happening in the world," said Airman 1st Class Matthew Crouch, a DEFY volunteer and member of the 14th Medical Operations Squadron.

Children are also offered the opportunity to go on educational fieldtrips free of charge.

According to Mrs. Brown, DEFY once hosted a trip to a prison where children spoke to inmates regarding the circumstances which led to their imprisonment and taught them valuable lessons for the future.



U.S. Air Force photo by Airman Josh Harbin

Sherri McCrary, 14th Logistics Readiness Division, gives the students at the Drug Education for Youth instructions for their next activity. The camp kicked off by giving the children an exercise to help them get to know each other and establish teams for the duration of the camp.

Dorm dinner



U.S. Air Force photo by Airman Josh Harbin

Airman 1st Class Joshua Mayorga and Airman 1st Class Persian Jones, both of the 14th Operational Support Squadron, have a conversation while eating at the dorm dinner hosted at the Chapel Annex Wednesday. At the dinner, Chief Master Sgt. Richard Brackett, 14th Flying Training Wing Command Chief Master Sergeant, introduced himself to the Airmen of Columbus AFB.

Shirt Tales

Master Sgt. Allen Rigdon
14th Flying Training Wing
First Sergeant

The salute is a courtesy exchange of greetings and is an important part of our AF tradition. However, it is not used indoors, unless you are required to report to any senior ranking officer. When ordered to report, firmly knock once and wait for permission to enter. Walk to within two paces of the officer or desk, halt, salute, and report. The appropriate reporting statement is; "Sir/Ma'am, (Your Rank) Stuffy reports as ordered." Always hold your salute until it is returned. Once you are dismissed; render the salute and leave just as you came in, in a military manner.

**Park it before
you pour!**

WELCOME

(Continued from Page 1)

ations officer, wing Chief of Safety, an Air Refueling Squadron commander and an Operations Group deputy commander.

Colonel Watkins is a command pilot with more than 3,200 flying hours in the T-1, T-37, T-38 and two models of the KC-135.

He has also been an instructor pilot in the T-37, T-1 and KC-135.

The colonel has been stationed in Washington, Texas, Florida, California and North Dakota.

Colonel Watkins and his wife, Leslie, will arrive at Columbus AFB Tuesday evening.

Remember:

No cell phones
while driving on
Columbus AFB.
It can save lives.



Juneteenth celebration honors end of slavery

Submitted by the African American Heritage Committee

Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States.

It is derived from blending the words “June” and “Nineteenth” which commemorates June 19, 1865, the official ending of slavery.

To get a better understanding of what Juneteenth is, let’s go back into history. President Abraham Lincoln’s Emancipation Proclamation went into effect January 1, 1863, declaring the freedom of all slaves in the Confederate States not under Union control. While President Lincoln did not have the sole authority to pass a congressional amendment to end slavery, he used his position as Commander in Chief of the Union Army, making the proclamation a military order. As the Union soldiers began to conquer the Confederate states an estimated four million slaves saw their first sight of freedom as they were allowed to join the Union Army. This was a prelude to the collapse



of the Confederate Army.

In April 1865, General Robert E. Lee, Confederate Army Commander, surrendered to the Union. This allowed more freedom to join the Union Army and gain their freedom and help overcome the pro-slavery resistance. Texas was the last strong-hold of the Confederates and of slavery. Almost two and a half years after the Emancipation Proclamation order, Maj. Gen. Gordon Granger and 2,000 federal troops took possession of Galveston Island, Texas, June 19, 1865. In Galveston, General Grander read the famous General Order Number 3, which read:

“The people of Texas are informed that in accordance with a Proclamation from the Executive of the United States, all slaves are free. This involves an absolute equality of rights and rights of property between former masters and slaves, and the connection heretofore existing between them becomes that between employer and free laborer.”

Upon receiving the news, Juneteenth was born. Juneteenth, or Freedom Day, has been an annual celebra-

tion of freedom for well over 130 years. It originated in Galveston, Texas, after slavery was officially abolished at the direction of the Freedman’s Bureau and has been an official state holiday since 1980.

Thirteen other states have officially made Juneteenth a state holiday including New York, New Jersey, Connecticut, Alaska, and most recently, California, where Gov. Arnold Schwarzenegger made June 19 an official state holiday. Initially, this was time for rejoicing with family prayer and gathering of family members whom were former slaves. Today it’s commemorated with jubilant celebrations by having formal Thanksgiving ceremonies, public entertainment and family reunions which feature dramatic readings, pageants and parades honoring the hardships individuals before them went through. The majority of Americans celebrate July 4 as our nation’s day of independence.

For more information about the African American Heritage Committee and future events please call Staff Sgt. Bryant Hayes at 434-2226.

Preventing back injury can be crucial

Kristina Conwill
14th Medical
Operations Squadron

The number of Americans disabled by low back pain or injury is staggering. Low back pain strikes eight out of 10 adults at some point in their lives.

Approximately five million Americas suffer from acute or chronic back pain, which accounts for more than 90 million lost production days annually.

Not only is back pain prevalent, it is costly. It is one of the most common injuries seen by physicians and is the top item in compensation payments for business and industry. The cost of lost productivity, compensation and insurance payments has been estimated at nearly \$100 billion annually.

Low back pain may be the result of poor posture, poor body mechanics, stressful living, poor ergonomics and a lack of flexibility and physical fitness. All are correctable aspects of ones life that, once altered, will improve their chances of avoiding low back injury and pain, or from having a recurring episode of low back pain.

The most common site of low back pain is the 5th lumbar and 1st sacral vertebrae. This area bears more weight than any other vertebral joint, therefore, is more susceptible to injury.

One hundred fifty percent of ones body weights is placed on the lumbar

region when they bend over to touch their toes. For a 200 pound person that calculates to 300 pounds of pressure. Different postures can increase the pressure on the inter-vertebral disc. Consider the pressure in the standing position as a baseline and compare different body positions as either increasing or decreasing the intra-disc pressure.

There is always the opportunity for improving the low back even if the lower back is healthy. Here are a few suggestions:

Educate yourself about injury prevent

techniques and become aware of and practice good body mechanics and posture while sitting, standing, lying and lifting.

Utilize various treatments when injury occurs. Use ice, heat, support, and physical conditioning. Do not ignore pain! Seek medical attention if pain persists.

Use all principles of general physical conditioning for prevention of injury. Always warm up and cool down and include aerobic, strength and flexibility training in your prevention/rehab routine.

Eat well and give yourself time to relax during the day even if it is only for a few minutes.

Improve your ergonomics both at work and home.

Improve your core strength. It is vital in stabilizing and controlling movement in and around your spine. A weak core is prone to injury.

Be sure to consult a physician before beginning any physical fitness program. For more information on low back injury prevention please call the Health and Wellness Center at 434-2908.

| Position / Activity | Disc pressure expressed as a % of body weight | 140 lbs person | 200 lbs person |
|--|---|----------------|----------------|
| Supine with both knees flexed | 5% | 7 lbs | 10 lbs |
| Supine (lying face up) | 25% | 35 lbs | 50 lbs |
| Side - lying | 75% | 105 lbs | 150 lbs |
| Seated in a flexed position | 85% | 119 lbs | 170 lbs |
| Standing | 100% | 140 lbs | 200 lbs |
| Coughing or straining | 105 - 135% | 147 - 189 lbs | 210 - 270 lbs |
| Walking | 115% | 161 lbs | 230 lbs |
| Rotation | 120% | 168 lbs | 240 lbs |
| Side bending | 125% | 175 lbs | 250 lbs |
| Small jumps | 140% | 196 lbs | 280 lbs |
| Laughing | 140 - 150% | 196 - 210 lbs | 280 - 300 lbs |
| Standing and bending forward | 150% | 210 lbs | 300 lbs |
| Lifting 44 lbs with the back straight and the knees bent (Good body mechanics) | 173% | 242.2 lbs | 346 lbs |
| Lifting 44 lbs with the back bent and knees straight (Poor body mechanics) | 269% | 376.6 lbs | 538 lbs |

Equal Opportunity offices merge into one

Tech. Sgt. Timothy Coplin
14th Flying Training Wing

In line with the ongoing push to work smarter and not harder, the 14th Flying Training Wing Military Equal Opportunity and Equal Employment Opportunity offices have merged into one Equal Opportunity office to serve all.

For over three decades the Equal Employment Office and the Military Equal Opportunity office have served as two separate agencies, one servicing civilian employees while the other serviced Airmen. In 2008, Air Force officials are allowing all DOD personnel, civilian and military, to speak to anyone at the Equal Opportunity office. While many EEO/MEO offices have been co-located in the past, the employment status determined who the member may seek assistance from when dealing with

unlawful discrimination or sexual harassment.

Air Force officials at the operational and tactical levels have targeted these two offices for a merger for a number of years, but never received the visibility and support needed until now. Personnel cuts to both EEO and MEO resulted in a collaborative AFSSO21 effort which resurfaced the idea and ultimately won Secretary of the Air Force approval. The goal of this merger is to make the Air Force EO Program the best in the Department of Defense, serving as an example for the other military components to follow.

The Wing EEO and MEO staff completed training in both civilian and military complaint processes. The EO office will continue to conduct on-the-job training to enhance knowledge and proficiency in the governing laws, directives, and policies for processing grievances and implementing proactive programs. Although federal

law governs the civilian claims and Air Force UCMJ governs the military claims, both military and civilians working in the EO office have the expertise to facilitate dispute resolutions and process both military and civilian claims. One difference remains the same: the civilians have total confidentiality in the informal phase while military members have limited confidentiality in regards to stating a claim. The merger does not affect the established laws and policies, no matter who handles the claims; in fact it gives EO experts a chance to expand prevention, outreach, and educational programs.

"We will continue to have a sound complaint management system, Alternate Dispute Resolution program, and maintain the integrity of the complaint process," said Toni Holcomb, Equal Opportunity Director.

For more information regarding the merger or EO concerns please call the EO office at 434-2546 or 434-3331.

The Airman's Creed

*I am an American Airman.
I am a warrior.*

*I have answered my nation's call.
I am an American Airman.*

*My mission is to fly, fight, and win.
I am faithful to a proud heritage.
A tradition of honor,
And a legacy of valor.*

I am an American Airman

*Guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.*

*I am an American Airman.
Wingman, leader, warrior.
I will never leave an Airman behind.
I will never falter,
And I will not fail.*

**For people ages
18 through 34,
motor vehicle crashes
are currently the
leading cause
of death**



**On or off-duty, be a positive
influence on your fellow
service members**



101 Critical Days of Summer

14th Flying Training Wing
Safety Office



American Motorcyclist Association President and CEO Rob Dingman said, "I strongly encourage motorcyclists

everywhere to re-familiarize themselves with the basics of safe and responsible riding to get the most out of every trip and arrive at their destinations safely. But it is not only motorcyclists who need to hear our safety message today. Far too many motorcycle crashes are caused by inattentive car drivers who pull into oncoming traffic, often turning into the right-of-way of approaching motorcyclists. With the popularity of motorcycling at an all-time high in America, these crashes often injure or take the life of a friend, family member or co-worker. We urge everyone, no matter what you ride or drive, to focus on the task at hand and be aware of traffic around you, in particular motorcyclists."

Nature Trail

Many people are unaware of the opportunity to walk, run, bike or horseback ride along Columbus AFB's Timberlane Nature Trail. Along the trail, various wetlands, trees and countless wildlife can be found. To reach the recreational area, follow Independence Ave. to the runway area. Signs found alongside the dirt road toward SAC Lake offer direction to the beginning of the trails. For more information, call 434-7958



INVENTORY
*Tweet &
Texan*



T-37 aircraft currently assigned to CAFB



T-6 aircraft currently assigned to CAFB

CSAF's VECTOR

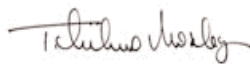
Letter to all Airmen

It has been my highest honor to serve our great country as an Airman for almost 37 years. In peace and in war, I've had the privilege of serving alongside countless outstanding men and women -- Airmen, Soldiers, Sailors, Marines -- who have pledged themselves to our country's defense. I was honored and humbled to be appointed the Air Force's 18th chief of staff and have been proud to serve our Airmen, their families and the American people in that role. Upon taking the oath of office, I committed myself to Secretary Wynne and to the Air Force to ensure we provided the right forces at the right time so that our nation and its allies are victorious in the Global War on Terror and ready to meet future challenges. Working to fulfill that commitment and do the right thing for America and its Airmen, at a crucial point in history, has been the most rewarding experience of my life.

Given my pride in our service and its distinguished history, you can imagine how it pained me to read the recent report concerning lapses in the control of nuclear-related assets. The profession of arms is a demanding one, and the expectations are as high as the stakes of national security. As our service's senior uniformed leader, I take full responsibility for these events that have hurt the Air Force's reputation and wrongly raised questions about our commitment to our core values of Integrity First, Service Before Self and Excellence in All We Do. The nation places a sacred trust in its Airmen, and I have a deep personal belief that I am accountable for that trust. Therefore, the honorable thing for me to do is to step aside at this time. Secretary Gates has approved my request for retirement.

You are the strongest and finest Air Force the world has ever known. And you will do whatever is necessary to make the Air Force even stronger. Most importantly, you will continue waging and winning today's fight as part of the joint team, even as you take care of our Airmen and prepare for tomorrow's challenges. Before I depart the fix with an unceasing admiration of your devotion to our country, let me thank you one last time for all you do every day for the Air Force and our great nation. Jennie and I are immensely proud of having served with each and every one of you, and our hearts remain with you and our Air Force. I am an American Airman, and I always will be.

Fly, fight and win, now and forever!



T. Michael Moseley
General, USAF
18th Chief of Staff



U.S. Air Force photo by Master Sgt. Scott Wagers

Air Force Chief of Staff Gen. T. Michael Moseley made a statement June 5 announcing his plan to tender his resignation to Secretary of Defense Robert M. Gates.

Air, Army National Guard battle floods in Iowa

Staff Sgt. Patrick Brown
Air Force News Agency

DES MOINES, Iowa — More than 2,500 Air and Army National Guardsmen are teaming with agencies from across the state to battle what has been called the 500-year flood in Central and South Iowa in mid June.

More than 1,000 guardsmen are expected to arrive in areas from Cedar Rapids to Iowa City June 15 to augment the existing team as flood waters are heading south.

Senior Master Sgt. Angie Vos, who works full time as human resource specialist with the Iowa Air National Guard, is one of a handful of augmentees at the Emergency Operations Center in the basement level of the Iowa National Guard headquarters at Camp Dodge in Johnston, Iowa. The EOC here sits more than 100 coordinators gathered from agencies ranging from the Federal Emergency Management Agency to the Iowa Highway Patrol arranged in a descending semicircle, facing three massive screens streaming news and data.

"Our mission is to provide as much assistance as fast as possible," Sergeant Vos said. "This is a massive operation."

Sergeant Vos is one of a few who coordinates efforts for the entire National

Guard effort in Iowa, which assists in nearly every facet of the statewide operations from filling and placing sandbags in areas expected to flood, to assisting in evacuation efforts and teaming with the Iowa Highway Patrol to provide security for already evacuated towns.

The guardsmen have been crucial in performing their mission, said Capt. Mike Winter of the Iowa State Patrol.

"As the highway patrol, we're pretty much the 'first responders' but we just don't have the manpower to sustain without the (National) Guard's help," he said. "They have played a major role in our operations here."

The captain said he has coordinated to have two guardsmen to accompany each patrolman in Cedar Rapids June 15 to assist with check points and patrols as flood waters have reached 7 feet above flood levels June 14 and are beginning to recede.

Air and Army National Guard members will move ahead of and follow the flood waters as it moves south and inundates many of the communities that lay in its devastating path, Sergeant Vos said.

"We're here to do everything we can for the state of Iowa and its residents," the sergeant said. "This is home for many of us."



U.S. Air Force photo by Staff Sgt. Desiree N. Palacios

Senior Master Sgt. Angie Vos talks to Public Safety coordinator John Haas and Iowa State Patrol Capt. Donna Bacus about identifying priority emergency needs and escort movement during the Iowa Floods June 14 at the Iowa National Guard Headquarters in Camp Dodge, Iowa. More than 2,500 National Guard Soldiers and Airmen are currently activated for flood-response operations in Iowa. Sergeant Vos is a National Guard liaison between State Emergency Operations Center and Iowa National Guard.

Willkommen nach Deutschland**Capt. Tony Wickman**
USAFE Public Affairs**ACROSS**

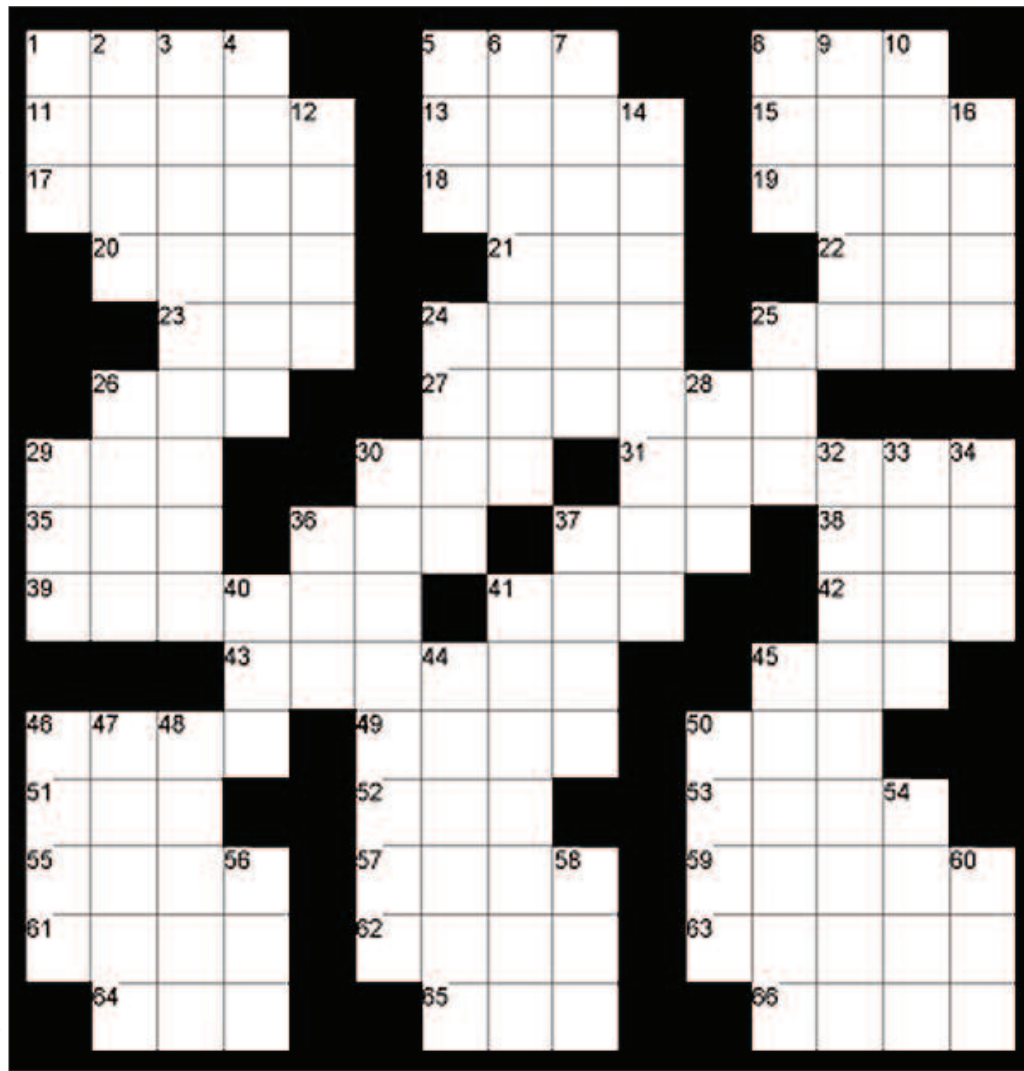
1. Annoying or troublesome person, animal, or thing; nuisance
5. For shame!
8. Owed at present
11. USAF description for pilots and aircrew
13. Burn
15. Small island
17. Remove or cut out as superfluous
18. Hindu god of death; opposite of Kama
19. River separating Korea from China
20. Shock
21. Zodiac animal
22. Coniferous evergreen tree
23. Attempt
24. Chooses
25. Mexico currency
26. Length of time during which a being or thing has existed
27. In a state of agitation or excitement
29. Pie ___ mode
30. Adult male
31. F-15s
35. Each
36. Bond writer Fleming
37. First ___
38. Put a question to; inquire of
39. Reply to, usually in a sharp or retaliatory way









41. Transgression of divine law
42. Denial or refusal
43. Sire
45. Mil. duty uniform
46. Support, or countenance by aid, usually in wrongdoing
49. Cuts of meat from the thigh of a hog
50. Bro's sib
51. Mil. field ration
52. Flowing backward or away; decline or decay
53. Hollywood dog
55. Former Deutschland currency
57. Detach from that to which one is strongly habituated
59. Rude, boorish, or surly person
61. Garfield's foil
62. Vesicles
63. Target competitor
64. Desire
65. ___ Na Na; 70s music group
66. Walk heavily or move laboriously; trudge

DOWN

1. USAF nuclear handling program
2. Hearing organs
3. German town home to EUCOM
4. Period or term of holding something
5. TV Guide listing for a movie channel
6. Bring to a point
7. Japanese martial art
8. Network for self-help people

9. USAF MAJCOM at 14 DOWN
10. ___ Island; former U.S. immigrant examination station
12. Operation ___ Flight
14. USAF base near Kaiserslautern
16. Currency in Deutschland
24. USAF base in Korea
25. Wood pin
26. Away from the wind
28. Possessed
29. Spring mon.
30. Col. Earl D. ___; 435th ABW commander
32. Army Regional Medical Center in Deutschland
33. Son of Isaac and Rebekah
34. Vanilla ___
36. A Gershwin
37. Broadcasts
40. Many times at short intervals
41. USAF annex attached to KMC in Deutschland
44. ___ corpus; right to a trial by jury
45. Lt. Gen. Robert D. __, Jr.; 3rd AF commander
46. Bullets, in brief
47. Gen. Roger A. ___; USAFE commander
48. Spooky
50. Pillage or loot after capture; plunder
54. A Guthrie
56. Barbie's pal
58. US cryptologic org.
60. Amphibious ship used for assault landing craft, in brief



| | | | | | | | |
|--|---|-------|---|-------|-------|-------|---|
| | | AB |  | | A1C | |  |
|  | | | | | CMSgt | MSgt | |
| | | SMSgt | | | | | SrA |
|  | | SSgt | | SMSgt | | | AB |
| Amn | | | | | | |  |
| | A1C | | | CMSgt | | Amn | SMSgt |
| |  | | | | | TSgt | |
| | | Amn | CMSgt | | | |  |
| | AB | |  | | MSgt | SMSgt | |

COMBAT AIRCRAFT

To solve, place a combat aircraft into each box so that each row across, each column down, and each small 9-box square within the larger diagram will contain each of the following combat aircraft: B-1, B-2, A-10, F-15, F-16, F-22, F-35, B-52 and AC-130. In other words, no plane may appear more than once in any row, column, or smaller 9-box square. Working with the planes already given as a guide, complete each diagram with the missing ranks that will lead to the correct solution.

| <u>Mon</u> | <u>Tue</u> | <u>Wed</u> | <u>Thur</u> | <u>Fri</u> | <u>Sat/Sun</u> |
|--------------------|--|--|---|--|--|
| 23 | 24 | 25 Col Watkins Assumption of Command 0900 @ Smith Plaza 09-04 Track Select 1700 @ Club | 26 14th MDOS Change of Command 0900 @ Club Enlisted Promotions 1530 @ Club | 27 08-11 Graduation, Brig. Gen. Jimmie Jackson guest speaker | 28/29 POW/MIA AFA Golf Tourney 1300 @ Columbus Country Club AFA Convention Dinner 1800 @ Columbus Country Club |
| DEFY Camp @ Chapel | | | | | |
| 30 | 1 14th MDG Change of Command 0900 @ Club | 2 AETC Change of Command @ Randolph AFB | 3 49th FTS Change of Command 0749 @ Hangar 6 | 4 Fireworks on the Water @ Lock & Dam Music Begins @ 1600 Opening Ceremony @ 1800 Fireworks @ 2130 | 5/6 |

Long Term Events

July 7 - AETC Family Day

July 9 - 14th CES Change of Command

July 10 - 08-IB IFF Graduation

July 11 - 08-12 Assignment Night & Crud

July 21 - 09-05 Track Select

July 22 - Quarterly Awards Luncheon

Graduation ceremony was humbling experience

Lt. Col. Michael Cupito

14th Medical Support Squadron commander

I was fortunate enough to attend a Basic Military Training graduation ceremony at Lackland AFB, Texas, on April 11. It was an impressive event, to say the least with a parade field full of new Airmen marching and saluting in perfect precision. I had not attended a graduation since 1992, when I graduated from BMT on the same parade ground, and it was nice to see that some things remain constant as the years tick by.

What really struck me, though, was the number of Airmen graduating that day. In fact, we were briefed later in the morning that the 737th Training Group at Lackland AFB will graduate 35,000 Airmen this year from BMT. That's a staggering number to me given the conflicts we find ourselves in currently, and



the fact that many of these new Airmen know when they enlist that they could find themselves in harm's way during their first assignment.

Still later that same morning, I had the opportunity to visit one of the BMT squadrons, and sit and have lunch with two trainees who were one week from graduation. I asked them about their reasons for joining the Air Force, and if they had a change of heart after enduring five weeks of BMT.

Though they came from very different backgrounds, both stated that the specific career field they signed up for was a compelling reason to join, and also that education and training were definite bonuses. However, each trainee told me that service to their country was the overriding reason for their decision to enlist.

For a moment, I thought they might be feeding me what they thought a lieutenant colonel would want to

hear; but I saw the sincerity and dedication in their faces as they looked at me, and knew they were telling me the truth.

You know, many times I've heard older people say that people of younger generations have lost the way, or that there's just no getting through to them. I've probably even been guilty of saying that a time or two myself. Well, the next time you're really feeling yourself despairing for the future of America because of your perception of its youth, you owe it to yourself to make a trip to San Antonio, Texas, to witness an Air Force BMT graduation. Afterwards, stick around and chat with some of the trainees. It will fill your heart with hope and give you new sense of pride in America's youth. It did for me.

By the way, to my brother-in-law, Jack, who heads off to BMT later this year, best of luck and thank you for choosing to serve in America's Air Force! You've got some wonderful experiences ahead of you.

The Air Force: from the view of a cadet

Cadet Ben Schink
OPS AF Cadet

Fifteen cadets arrived June 2 at the Golden Triangle Regional Airport and stayed at Columbus AFB through June 20. Our mission? To learn what Air Force personnel do every day to help support their country and to discover what it means to be an Air Force officer. We accomplished this through various tours, meetings and shadows throughout our stay here.

The first day after our arrival began with a series of briefs and meetings and ended with a tour of the base and city of Columbus. The next two days were mostly dedicated to preparing us for our incentive flights. I learned that a lot more goes into becoming a pilot than I initially thought. My fellow cadets and I learned that a lot goes into training a pilot. There are dedicated Airmen who teach the pilots what they need to do in different situations. There is the altitude chamber, which in addition to having humorous effects, has educational value as well. The incentive flights was the highlight of the week. To see the world from the cockpit of T-1s, T-6s and T-38s was an exhilarating and new experience for all of us.

June 9 and 10 was a series of more tours. The most memorable of which were the 14th Civil Engineer Squadron tour and the 14th Security Forces

Squadron tour. During the Civil Engineer tour we got to see one of our own cadet race two Airmen in putting on their fire fighting equipment. At SFS we saw a military working dog tackle a man and we went through some SFS basic training.

The rest of our time here was mostly dedicated to shadowing Airmen and officers. The way this worked was we got to rank the jobs we wanted to shadow and if possible, we got to shadow our top choices. The idea behind this is that we would learn what to expect an average workday in the Air Force will be like in the job area once we become officers. I personally got to shadow Airmen from base operations, public affairs and security forces.

So at the end of my stay here at Columbus AFB I find myself wondering, what did I learn here? Well, I learned that pilots have to go through a lot in order to fly. Furthermore, I discovered there isn't just one generic type of person in the Air Force. That it is a collaboration of different people doing different jobs to support the Air Force. Some of them have been in the Air Force for over 20 years and some of them have only been in for a few years, but every one of them is a crucial part of puzzle that is the U.S. Air Force. Finally, I learned that after I graduate college, I want to be a part of that puzzle.

Sharing the joy of music



U.S. Air Force photo by Staff Sgt. Tabitha Kuykendall

Saxophonist Master Sgt. Daniel Weber introduces the children of the Belovodosky Orphanage to his instrument June 14 in Kyrgyzstan. After the band performed at the orphanage, the children returned the favor by singing some of their favorite Russian military songs for the band members.

Local spouse receives Presidential recognition for volunteer service

Airman Josh Harbin
14th Flying Training Wing
Public Affairs

After years of dedicated service and commitment to the local community, the husband of a Columbus AFB officer was recognized by President George W. Bush for his exceptional support for his community.

Bob Davison, a butcher at the CAFB Commissary, received the Presidential Volunteer Service Award at a White House ceremony on May 6.

"I'm so proud of him," said Maj. Lisa Davison, the Clinical Medicine Flight Commander and Health Care Integrator of the 14th Medical Support Squadron.

In his remarks commemorating Military Spouse Day, President Bush said over Maj. Davison's 12 year career, Mr. Davison managed to raise approximately \$10,000 for the local Fisher House while stationed at Lackland AFB, Texas.

While at Lakenheath AB, United Kingdom, Mr. Davison introduced the Airman's Food Pantry and gathered nearly \$120,000 in donations made to provide food aid to military families with financial difficulties.

He most recently works with Operation Home Front while previously stationed at Scott AFB, Ill and now continues here at

CAFB. He has raised more than \$350,000 in donations for the program along with more than one million phone cards for service-members overseas.

In his speech recognizing the six award winning spouses, President Bush said, "Lisa Davison is a leader in the United States Air Force; Bob Davison is a leader in America's armies of compassion, and I welcome you today to the White House."

In 2005, Mr. Davison was recognized for the Very Important Patriot Award for his work as an officer of the 375th Medical Group Booster group and the "key spouse" for the 375th Medical Support Squadron at Scott AFB, Ill., before his family relocated to Mississippi. He was named 375th Medical Group and 375th Airlift Wing Volunteer of the Quarter and Year, and Air Mobility Command's Volunteer of the Year after dedicating more than 900 hours to the military community.

His portrait was displayed on boxes of Kellogg's Frosted Flakes as a special edition in 2005 along with five other award winners.

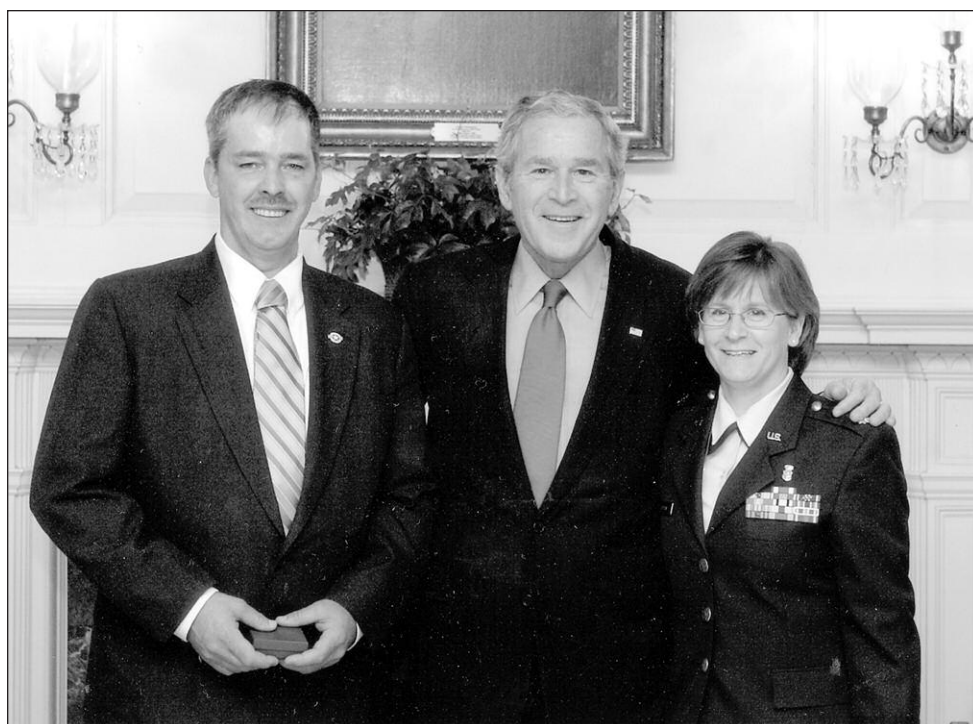
More people need to volunteer. We have many volunteering opportunities on base to get people involved such as the Thrift Shop and the Airman's Attic" said Mr. Davison, encouraging people to get involved with their local community, military and civilian.



President George W. Bush stands for the national anthem with recipients of the President's Volunteer Service Award during Military Spouse Day ceremonies May 6 on the South Lawn of the White House.



Defense Commissary Agency employee Robert Davison is one of five recipients of the 2005 Very Important Patriot Award from the military community and featured on special-edition boxes of Kellogg's Frosted Flakes.



Courtesy photo

Bob Davison and his wife, Maj. Lisa Davison, take a photo with President George W. Bush during their visit to Washington, D.C. Mr. Davison received the Presidential Volunteer Service Award May 6.

About the award

Recognizing and honoring volunteers sets a standard for service to others. It encourages a sustained commitment to civic participation and inspires others to make volunteering a central part of their lives. The President's Volunteer Service Award recognizes individuals, families, and groups that have achieved a certain standard – measured by the number of hours served over a 12-month period or cumulative hours earned over the course of a lifetime.



Bronze Level

Kids: 50 to 74 hours
Young Adults: 100 to 174 hours
Adults: 100 to 249 hours
Family & Groups: 200 to 499 hours

Silver Level.

Kids: 75 to 99 hours
Young Adults: 175 to 249 hours
Adults: 250 to 499 hours
Family & Groups: 500 to 999 hours



Gold Level

Kids: 100 hours or more
Young Adults: 250 hours or more
Adults: 500 hours or more
Family & Groups: 1000 hours or more

Presidential Call to Service Award

All Ages
4,000 hours or more of volunteer service
(over a lifetime).



Heritage runs deep at the 48th FTS

Airman Josh Harbin
14th Flying Training Wing Public Affairs

Every heritage room has a unique story. From the nametags of former instructor pilots which line the top of the wall to the artifacts around the room, the essence of its history lingers in the air. The 48th Flying Training Squadron was originally the 48th Aero Squadron, which was established at Kelly Field, Texas in 1917 and sailed to Le Havre, France later that year where the unit established and maintained air-dromes and participated in the Lorraine, St. Mihiel, and Meuse-Argonne campaigns. The unit returned to the U.S. after World War I and demobilized at Mitchell Field, N.Y., in 1919. It later resumed training pilots from 1923 to 1927 at Kelly Field, Texas, and from 1933 to 1936 at Chanute Field, Ill. Later reactivated at Hamilton Field, Calif. in 1941, the then 48th Pursuit Squadron flew training missions and air defense patrols along the California coast. The squadron's patch was designed in 1942 by Walt

Disney, depicting an alley cat chasing a Japanese dragon-fly. The patch was made prior to World War II and the 48th FS originally planned on going to Japan, but were later sent to Europe instead. Later renamed to the 48th Fighter Squadron, the unit moved to Atcham, England, to begin training operations with the P-38 Lightning aircraft. The 48th FS then moved to Algeria in support of the invasion of North Africa in 1942, flying escort missions for B-25 and B-26 bombers, made fighter sweeps and reconnaissance missions. Later that year, the 48th FS moved to Triolo, Italy, to provide escort for heavy bombers over central Europe, the Balkans and Germany. The unit supported operation in Aghione, Corsica in 1944 by providing patrol, dive-bombing and reconnaissance missions for the success of the allied invasion of southern France. The squadron was later deactivated in 1945 at Lesina, Italy. The 48th Fighter Squadron flew air defense missions from Dow Field, Maine with P-47s and P-84s from November 1946 through October 1949. The subsequent 48th Fighter Interceptor Squadron was established at Langley AFB,

Va., where it flew F-84s, F-94s, F-102s, F-106s and F-15s from 1953 until its deactivation in 1991. On July 1, 1996, the 48th Flying Training Squadron was reactivated, joining the 37th, 48th, 49th and 50th Flying Training Squadrons after their reunification. The 48th Flying Training Squadron currently flies the T-1A Jayhawk for Specialized Undergraduate Pilot Training, preparing student pilots to fly tanker and airlift aircraft. The heritage room of the 48th FTS here reflects all the years of history which contributed to its current mission in training the world's greatest Air Force pilots. The most recent contribution to the 48th FTS's heritage room was from a World War II pilot, 1st Lt. Thomas Yarwood, whose wife, Doris Yarwood, donated some of his memorabilia to the 48th FTS in May.



U.S. Air Force Photo by Sonic Johnson



(above) The stained glass artwork recently donated by Doris Yarwood, wife of 1st Lt. Thomas Yarwood, is prominently displayed in the 48th Flying Training Squadron's heritage room. (left) The patches from Specialized Undergraduate Pilot Training classes line the ceiling tiles of the 48th Flying Training Squadron's heritage room for each year of training.



U.S. Air Force photo



U.S. Air Force photo by Sonic Johnson

The 48th FTS won the Hughes Trophy displayed in the 48th FTS Heritage Room in 1971. The Hughes Trophy is recognized as the top Air Force award in air defense fighter achievement. The AF determines the winner on the basis of accomplishment in such areas as missile qualifications, successful missions flown, aircraft operational readiness rates and flight safety.



U.S. Air Force Photo by Sonic Johnson

48th Flying Training Squadron memorabilia from the unit's past line the walls of its heritage room, such as the old 48th Fighter Interception Squadron patch.

WWII memorabilia donated to 48th FTS

Capt. Rico Dy
48th Flying Training Squadron

Two Instructor Pilots from the 48th Flying Training Squadron flew to Riverside, Calif., May 3 and 4 to set up a static display for the annual March Fest 2008 Air Show. Capt. Rico Dy and Capt. Ian Irvine, both Southern California natives, were fortunate enough to fly a T-1 Jayhawk to the special event. The instructors were instructed to meet Doris Yarwood, the widow of the 1st Lt. Thomas Yarwood, an original member of the 48th Fighter Squadron during World War II. Lieutenant Yarwood has over 2,000 flying hours in a P-38. Before Lieutenant Yarwood passed away in February, he asked his wife

to donate his personal memorabilia back to the 48th Flight Training Squadron. The instructors were honored to meet Mrs. Yarwood and accept the following gifts: a large stained glass patch of the original 48th FTS, Lieutenant Yarwood's personal photos and memoirs from WWII and models of the P-38. The most interesting thing that occurred during the exchange was learning about the 48th FTS's patch from Mrs. Yarwood. The two IPs learned, "that the patch was designed by Walt Disney, prior to WWII, showing a cat attacking a Japanese beetle. But instead of going to Japan, the original 48th Fighter Squadron was sent to the European theatre." It is important for us as military members to stop and reflect on the rich heritage that lies beneath our service. The wife of 1st Lt. Thomas Yarwood, Doris Yarwood, and her son, Kurt Yarwood, present members of the 48th Flying Training Squadron, Captains Ian Irvine and Rico Dy, with her husband's 48th FTS memorabilia in May while they were at the an air show in California. The pieces are on display in the 48th FTS heritage room.



Courtesy Photo

The wife of 1st Lt. Thomas Yarwood, Doris Yarwood, and her son, Kurt Yarwood, present members of the 48th Flying Training Squadron, Captains Ian Irvine and Rico Dy, with her husband's 48th FTS memorabilia in May while they were at the an air show in California. The pieces are on display in the 48th FTS heritage room.

Base News

Testing Office Closure

The Education Services Testing Office will be closed July 1 and 3. All other education services will be available. Please plan accordingly. For more information, call 434-2565.

Zero Overpricing Program-Incentive Awards

Overpricing is an issue everyone should be working. All personnel are encouraged to participate, and will be rewarded for any tangible savings resulting from their price challenge. Monetary awards will be given in accordance with AFI 38-401, The Air Force Innovative Development Employee Awareness Program. Advice and guidance are available by calling the Customer Service element of Base Supply, located in Building 158, at 434-7178.

Gas Mask Fit Test

Gas Mask Fit Testing will now by appointment only. Appointments will be taken Wednesdays and Fridays from 8 a.m. to 4 p.m. Exceptions to appointment times will be made for deployers only. For more information, call Bioenvironmental Engineering at 434-2286 or 434-2226.

CAC Card Replacement

Members can replace their Common Access Card within 60 days of it expiring. All personnel will need to provide the following at the time of replacement: two forms of identification, government ("dot" mil or gov) email address, a six to eight digit personal identification number and an application for a CAC, the appropriate application will be provided to appointment is made. Call 434-2626 or 434-2624 to schedule an appointment.

YES Program

The Youth Employment Skills Program is an on-base volunteer program for high school students that pay \$4 per hour through the AF Aid Society. YES allows high school students to "bank" \$4 in grant funding for every hour volunteered in an on-base function. Students may accumulate as much as 250 hours over all 4 years of high school. Program year is from June 1 through May 31 (you may join at time during the program year). Teens must be dependants of active duty air force to be eligible and must be at least a freshman in high school. For more information, call at 434-2504.

Testing Hours

The Education Office conducts CLEP/DANTES, CDC, PME, etc. testing on Tuesdays and Thursdays promptly at 8 a.m. and 1 p.m. Students arriving late will be rescheduled. Testing will be conducted outside of this schedule only when verifiable extreme circumstances exist. Please call 434-2562 or 434-2561 to schedule an exam.

SARC DVDs

The Sexual Assault Response Coordinator, located at the Health and Wellness Center entrance of the Fitness Center, has two very educational and school-aged appropriate DVD's available to sign-out and to view with children. Two copies of each DVD will also be available at the Base Library and one copy will be available at the Youth Services. The DVDs are: The Safe Side: Stranger Safety and Internet Safety presented by John Walsh and Julie Clark. Our motto is "Not One More." Let's educate and keep our children safe.

Airman and Family Readiness Center

(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790 or email afrc@columbus.af.mil.)

Pre-Deployment Brief

There is a mandatory briefing for active duty personnel who are deploying or going on a remote tour. The brief is held every work day at 9 a.m. Spouses are welcome to attend.

Post-Deployment Brief

This mandatory briefing is for active duty personnel who are returning from deployment or a remote tour are held daily at 1:30 p.m. at the A&FRC. For more information, call 434-2790.

Sponsorship Training

This event for Unit Intro Monitors and Sponsors will be held June 24 at 9 a.m. at the Airman & Family Readiness Center. Also web-based training is offered thru Air Force Portal under CAFB and thru the Public Folder. For more information, call 434-2790.

Budgeting Basics

This event is held every Wednesday from 11 a.m. to noon at Airman & Family Readiness Center. Learn practical ways to

tell your money where to go rather than wonder where it went. For more information, call 434-2790.

Wing Newcomers

This event will be held at the Airman and Family Readiness Center July 1 from 8 a.m. to 3:30 p.m. This brief is for all AD and civilian personnel new to CAFB. Spouses are encouraged to attend. For more information, call 434-2790.

Internet Job Search

This class will teach participants how to use the internet to enhance their job search. There will be tips, websites and how to succeed. It will be held July 2 at 9 a.m. at the Airman and Family Readiness Center. For more information, call 434-2790.

Telephone Directories

Local AT&T "The Real Yellow Pages"® are available at the Airman and Family Readiness Center. Stop by and pick up your free copy.

AFAS...Air Force People Helping Each Other

Sudden emergency and no cash? It can happen to anyone. Your Air Force Aid Society has assisted Air Force people for 66 years and is there to help you. Call 434-2855 for more information.

Employment Workshop

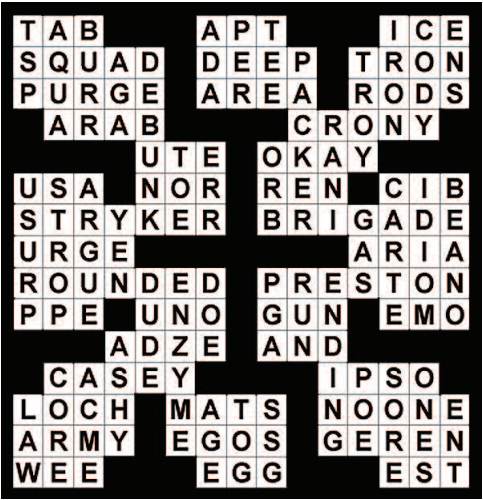
There is an employment workshop every Wednesday at 1 p.m. Airman and Family Readiness Center. Participants will learn about local and base employment opportunities. For more information, call 434-2790.

Spouse Welcome

A special welcome for new personnel assigned to Columbus AFB is held each Wednesday from 10 to 11 a.m. in the Magnolia Inn Lobby. For more information, call 434-2790.

SOLUTION FOR LAST WEEK

(Current weeks puzzle on page 7)



Chapel Schedule

Protestant

Sunday: 9 a.m. — Adult Sunday School
10:45 a.m. — Traditional
Worship Service (Children's Church)

All are invited to a fellowship luncheon following the 10:45 a.m. service the fourth Sunday of each month

Catholic

Monday through Thursday
7:00 a.m. — Mass

Thursday
5 p.m. — Choir Practice










Sunday:
4:30 p.m. — Confession
4:30 p.m. — Choir Practice
5:30 p.m. — Mass

First Communion, Confirmation and RCIA classes are held Wednesday in conjunction with Pioneer Club.

The Catholic Parish Fellowship Dinner is held on the first Sunday of each month following the 5:30 p.m. Mass.

Wednesdays

5 p.m. — Potluck
6 p.m. — Pioneer Club for ages 3 years to 7th grade
6 p.m. — Video Study
6 p.m. — "A Case for Kids" Family Life Study
6 p.m. — "Breaking the Code" A study of Revelations
6 p.m. — Youth Bible Study for ages 8th to 12th grades
7 p.m. — Protestant Choir Practice

| | | | | | | | | |
|--------|---|---|--------|---|---|--------|---|--------|
| C-5 | C-17 |  | CV-22 | KC-135 | C-21 | KC-10 | HH-60 | MH-53 |
| MH-53 | CV-22 | KC-135 | C-17 |  | KC-10 | C-130 | C-21 | C-5 |
| KC-10 | C-21 | HH-60 | MH-53 | C-5 | C-130 | C-17 |  | KC-135 |
| CV-22 | HH-60 |  | KC-10 | C-130 | KC-135 | MH-53 | C-5 | C-17 |
| KC-135 | KC-10 | C-5 | HH-60 |  | C-17 | CV-22 | C-130 | C-21 |
| C-17 | C-130 | MH-53 | C-5 | C-21 | CV-22 | KC-135 |  | HH-60 |
| HH-60 | C-5 | CV-22 | KC-135 | KC-10 | MH-53 | C-21 |  | C-130 |
| C-130 |  | KC-10 | C-21 | C-17 |  | HH-60 | MH-53 | CV-22 |
| C-21 | MH-53 | C-17 | C-130 | CV-22 | HH-60 | C-5 | KC-135 | KC-10 |

Columbus AFB to host PGA McGladrey Qualifying Tournament

Pam Wickham
14th Force Support
Squadron

Whispering Pines Golf Course is accepting registration of area golfers who may form a threesome to compete in a local qualifying event, July 26, which is the first leg of a journey to earn a berth in the 2008 PGA McGladrey Team Championship.

The field of up to 28 three-member amateur teams will compete July 26, with the first and possibly second place threesomes gaining a berth in the Gulf States Section Championship, Aug. 18 at the Carter Plantation Golf Course in Springfield, La. The National Championship will be conducted Oct. 20 to 22, returning to the renowned Pinehurst North Carolina Resort.

Registration deadline is July 18 and cannot be extended due to the PGA rules and guidelines for conducting the tournament. Players must register as a team at the golf course. Entry is \$75 per person and includes a PGA sports duffel bag and golf balls for each player, a burger burn following play, door prizes and a chance to win a car for a hole in one.

"Players still have a chance to register their scores to establish a USGA handicap for the tournament. Those without handicaps established will have to play scratch," stated Ricky Magers, Whispering Pines Golf Course PGA professional. "We are only one of three public courses offering this tournament in the state of Mississippi. The other two are located in Tunica and Gulfport, Miss." added Magers.

Players' handicaps will be verified prior to tournament play and by the PGA for those players that advance to the Section and National

Championships. Format for the tournament is low net best ball requiring each player to use at least three of their holes' scores.

Amateur players will receive 50 percent of their course handicap allowance based on the tees being played. The maximum total team handicaps are as follows: three men maximum total handicap, 54.0; two men, one woman maximum total handicap, 70.0; two women, one man maximum total handicap, 80.0; and three women maximum total handicap, 90.0.

Each player's handicap will be marked on the card. For example, if a players handicap is 20, then he would receive 1/2 of his handicap or 10 strokes. Those 10 strokes would be given on the ten hardest holes on the course. If that player pars that hole without handicap and he/she has a stroke due to their handicap, it becomes a birdie.

"In the local qualifying event here at Columbus, one team will advance to the section championship with me playing on their team as the fourth player. If we have 18 or more teams, we can send one more team and another PGA professional will play with that team," says Magers.

There are 41 Section Championships and the PGA is offering a combined purse of a minimum of \$15,000, with amateurs' compensation in the form of gift certificates.

The 41-team, 164-player field in the National Championship will compete for a \$200,000 purse, with amateurs receiving gift certificates. The field will compete on three of Pinehurst's premier layouts, opening at No. 8, and concluding the final two days on No. 2 and No. 4.

For more information, about this tournament, call the golf course at 434-7932.

Families offered variety of summer programs

Wii Love Our Youth

The Bowling Center offers a chance to win a Wii game system for youth between of the ages of 5 and 18. Register to win the game by picking up a game card anytime before July 31 at the bowling Center. For every game bowled have your card punched. Each game card requires 10 punches for a valid entry. The drawing will be held Aug. 1 and you do not have to present to win. For more information, call 434-2425.

Geyser Falls Water Park Trip

The Information, Ticket and Travel office offers this trip July 23. Cost is \$20 per person for transportation and the park tickets can be purchased from ITT for \$21 each. Must have at least 20 people registered by July 16 to offer. Bus will leave at 8:30 a.m. and returning around 6 p.m. For more information, call 434-2505.

Back to School Trip to Birmingham

The Youth Center offers this trip July 31 to the Alabama Adventure Amusement Park. Cost is \$5 for transportation plus the cost of admission. There are 28 slots available for this trip. For more information, call 434-2504.

White Water Rafting Trip

The outdoor adventure program is offering another white water rafting trip Aug. 16 to Aug.18. Cost is \$155 per person and includes transportation, two nights lodging and three meals. Register and pay a \$50 deposit by Aug. 1 at the outdoor recreation office. For more information, call 434-2505.

Club Scholarship Program

Twenty-five \$1,000 scholarships will be awarded to college bound students through the Air Force club scholarship program.

Current Air Force club members and their family members (e.g. spouse, son, daughter, stepson and stepdaughter) who have been accepted by or are

enrolled in an accredited college or university for entry during the fall of 2008 as a part-time or full time student are eligible. Applicant must provide a copy of their college or university acceptance letter. Grandchildren who are dependents of the club member are also eligible. Student enrollment status may involve either undergraduate or graduate curriculum.

To enter, write and submit a 500 words or less essay on the following topic: "The Most Important Person in My Life". Submit your entries to 14 FSS/FSK, attention Jana Hall, by July 1.

Entry forms are available at the club, education office, airman and family readiness office, fitness center, bowling center and library. Entry forms are also available on line at www.afclubs.net.

Youth Trips

The Youth center is offering a trip to the McWane Center in Birmingham, Ala., July 14, the US Rocket and Space Center in Huntsville, Ala., July 17, the Tupelo Automobile Museum July 28. There are 15 slots available for each of these trips. Cost is \$5 for transportation plus the cost of admission. For more information, call 434-2504.

Air Force Science Camp

Register by July 15 for this trip scheduled for July 28 to Aug. 1. Cost is \$10 per child. For more information, call the youth center at 434-2504.

Start Smart Golf Camp

The Youth Center offers this camp for ages 5 to 7 July 9 to 11. Cost is \$10 per child and children must be registered by July 3. For more information, call 434-2504.

Summer Reading Program

The base library offers this program every Wednesday at 10 a.m. for grades 1 thru 6. For more information, call 434-2934.

Winter Bowling Leagues

The Bowling Center is registering teams now for the fall league. Leagues available are the Tuesday night mixed, the Thursday night intramural, the Saturday morning youth and the Wednesday morning senior league. For more information, call 434-3577.

Youth Fishing Tournament

The Youth Center is hosting this tournament at 7:30 a.m. July 19 for ages 8 to 18. Cost is \$10 per person and youth must be registered by July 11. Parents must accompany children, ages 8 to 13. For more information, call 434-2504.

Self Help Car Wash

There is a self-help car wash located behind the youth center on ninth street. Cost is \$1 for 5 minutes and customers may add a quarter for each additional minute before the time ends for an extended wash. Call 434-7842.

Blaze Lunch Bunch

at the Columbus Club
every Wednesday from 11 a.m. to 2 p.m.

*All plates come with one meat, two sides,
roll or cornbread, tea or water
\$5.75 for club members/\$6.75 for nonmembers*

This week's menu:

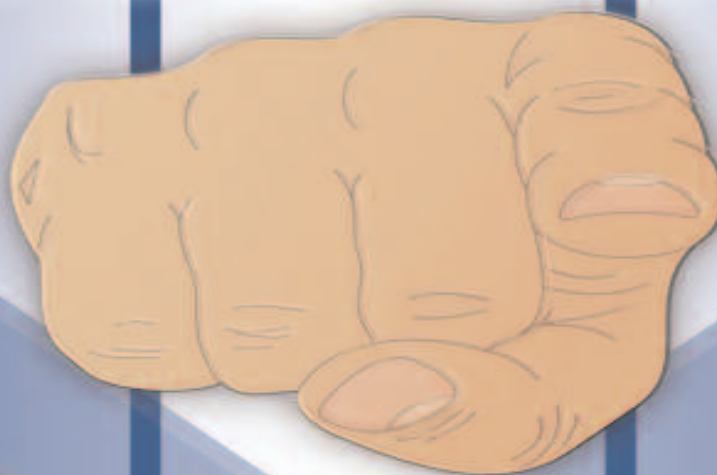
Meat choices: Fried Chicken, BBQ ribs,
Grilled Pork Steak

Sides: Macaroni and Cheese, Mashed Potatoes
and Gravy, Baked Beans, Potato Salad, Turnip
Greens, Corn on the Cob and Field Peas

Desserts are \$2.95 each
Turtle Cheesecake, Homemade Cobbler
Brownie Ala Mode



Take Ownership of your Processes
“OWN-IT”



AFSO 21: It's all up to you

“Sounds of Summer”: The Columbus-Lowndes Development LINK, in conjunction with the City of Columbus, Columbus Convention & Visitor’s Bureau and Main Street Columbus, announce the premiere of “Sounds of Summer,” a weekly concert series to be held at the Columbus Riverwalk. The event will take place every Thursday in the month of June from 7:00 p.m. to 9:00 p.m. The event is free and open to the public. Refreshments will be available for sale, including snack foods and beverages. The public is encouraged to bring lawn chairs, blankets, etc., however no personal beverage coolers will be allowed. To learn more about “Sounds of Summer,” please call Maureen Lipscomb at the LINK at 328-8369.

Summer Reading Program: Columbus-Lowndes Public Library will be hosting a summer reading program from now to July 8. This year’s theme is “Catch the Reading Bug.” Children, pre-school to 6th grade, are invited to participate in storytelling, puppets, music and special guests while dis-

covering the world of insects. “Justin the Weather Man” will be the theme in Columbus for June 24, and that will be hosted by WCBI-TV Channel 4.

There will be readings every Thursday from 1:30 to 2:30 p.m. for the month of June in Caledonia. There will be readings every Tuesday from 11 a.m. to noon for the month of June in Artesia. There will be readings every Monday from 11:30 a.m. to 12:30 p.m. for the month of June in Crawford. For more information, call Edwina Williams or Brenda Durrett at 329-5300.

AFA Convention: The Golden Triangle Chapter of the Air Force Association will host a POW/MIA Golf tournament June 28 at the Columbus Country Club, with a 1 p.m. tee off. There will also be an AFA Convention dinner at the Columbus Country Club at 6 p.m.

Hogs for Paws: This charity bike ride will take place Saturday at Ola J Pickett Park in Caledonia, Miss.

Registration is from 8 to 10 a.m. There will be a bike blessing at 10:15 a.m. and the ride will begin at 10:30 a.m. Lunch will be at 12:45 p.m. The cost of the event is a \$25 per rider and \$15 per passenger. This price includes a t-shirt and lunch. For more information, call the Columbus Lowndes Humane Society.

Women’s Center for Entrepreneurship: The Mississippi University for Women will be hosting a number of classes for the Women’s Center for Entrepreneurship summer workshop. The “financing your business” class will be held Tuesday from 5:30 to 8 p.m. All classes are free and will be held at the WCE Orr Annex Building. Seating is limited, so pre-registration is recommended. For more information call (662) 241-6277 or email wceinfo@muw.edu.

For more information about local area events, e-mail AFRC@columbus.af.mil or call the Airman and Family Readiness Center at 434-2790.

Visit www.columbus.af.mil to learn about Columbus AFB agencies and other important information.

Teams lose "BIG" in competition

Tech. Sgt. David Kelley

14th Medical Operations Squadron

At the close of Columbus AFB's Biggest Loser competition, the 25 competing team lost a total combined of 720 pounds.

The winning team was The Dime Divas. Members of this team include: Koronika Flournoy, Mary Deloach, Dortha Hayden, Beatrice Harris, Shirley Brown, and Andrea Randle.

Kathy Ellis took home the prize for losing the most weight with a total weight loss

of 33 pounds.

The Gym Rat Junkies finished in second place and Charlie's Angels finished in third place.

Congratulations to all the contestants.

The HAWC would like to thank the 14th Force Support Squadron, AAFES and Sheryl Granger for their support of the competition.

For more information on the Biggest Loser competition, call the Health and Wellness Center at 434-2477.



U.S. Air Force photo by Melissa Duncan

The Dime Divas took home first place in Columbus AFB's 2008 Biggest Loser competition. Members of this team pictured are: Beatrice Harris, Mary Deloach, Koronika Flournoy, and Andrea Randle. Dortha Hayden and Shirley Brown were also on the team. At the close of the competition, the 25 competing team lost a total combined of 720 pounds.

Sports Shorts

Swim Lessons

Available: Dates and times to be determined. Call 434-2491 or stop by Independence Pool for more information.

Swim Instructors:

Water aerobics and swim instructors are needed at the Base swimming pool. If interested, please call Maggie at 434-2491.

Golf Tournaments:

The US Open Pick is Saturday and Sunday. The US Women's Open Pick is June 28 and 29.

Golf 4 Kids:

This event will take place July 14 to 18 from 9 to 10 a.m. each day at Whispering Pines Golf Course. It is open to youth ages 8 to 13. For more information, call the Golf Pro Shop at 434-7932.

Teen Night Hoops

Basketball

Program: The program will start June 30 and continue until school starts. All games are scheduled to be played at Youth Center or the location will be announced.

Depending on sign ups, games will be played Thursday and Friday nights. The program is free to ages 13 to 18 year olds. Must have 15 participants registered by June 14. The program is free but your parents must register you at the Youth center. Volunteer coaches are needed and scorekeepers.

Teen Golf

League: Teen Golf League start late June, the cost is \$40 per player. The league is open to ages 13 to 18. League format will be determined later. League will play Tuesday mornings at the Golf Course, but you must sign up at the Youth Center. If you do not have clubs, rentals are available at the golf course, but players are responsible for the cost of the rental. The league will run four weeks. There must be 10 players registered to host the league. For more information, call at 434-2503.

Junior NBA

Basketball: The program will start June 30 and continue until school

starts. All games are scheduled to be played at Youth Center. Depending on sign ups, games will be played around 3 p.m. each day. The program is free to ages 8 to 12 years old. Must have 15 participants registered by June 14. Parents must register children at the Youth center. Volunteer coaches are needed and scorekeepers.

USAF Marathon:

Air Education and Training Command is seeking teams for the 12th annual USAF Marathon scheduled for Sept. 20 at Wright Patterson AFB in Dayton, Ohio. Events include the marathon, wheelchair marathon, half marathon, individual 10K and team 10K. If you desire to run as a part of the AETC sponsored team submit your team/individual nominations on AF Form 303, Specialized Sports Training, to the Fitness Center. More information on the Air Force Marathon can be obtained at <http://www.usaf-marathon.com>.

Softball Scores

June 10

OSS 14 - 48th FTS 4
CES 10 - DynCorp 6
37/41st FTS 10 - 49/50th FTS 6
SFS 11 - MDG 4

June 11

COMM 10 - OSS 8
DynCorp 21 - SFS 11
37/41st FTS 6 - 48th FTS 2
CES 14 - 50th FTS 0



June 12

OSS 11 - 37/41st FTS 3
SFS 2 - 49/50th FTS 0 (forfeit)
CES 19 - 48th FTS 6
COMM 16 - MDG 0

June 13

OSS 13 - MDG 5
CES 13 - 37/41st FTS 1
DynCorp 14 - COMM 4
48th FTS 19 - SFS 9

The race is on. Who will get there first?

Health and Wellness Center

14th Medical
Operations Squadron

You have a mission: get your team to Wright-Patterson AFB, Ohio, as quick as possible with the most miles.

The only way to cover the 626 miles is by running, walking, swimming, biking and nutritional charting. Each four member team can consist of active duty, dependents, retirees, and DoD civilians/contractors.

This year's race will require each team member to complete a challenge which will vary its difficulty depending on the entrants status as either competi-

tive or non-competitive. Challenges will occur at designated mile markers along the route.

The "Amazing Race 2008" will begin Monday and conclude with the BLAZE 5K/10K race and the Annual AF Marathon Sept. 20.

"For anyone looking to improve their cardiovascular health or PT times, this is an excellent way to do it", says Ken Brown, the Health Education Program Manager.

Teams must sign up at the Health and Wellness Center or Fitness Center by Monday. For more information, contact the Health and Wellness Center at 434-2236 or 434-2477.

